

# Palliative Care

Visiting Nurse Assoc.

**Palliative Care** 

**Hospice Care** 

**Private Care** 

### **Adult Foster Care**

Serving more than 70 Massachusetts





Medicare/MassHealth Certified



**Palliative Care** Referrals: (781) 598-7066



**Referral Fax:** (781) 598-3571

All Care is always available to answer questions about clinical eligibility for palliative care and/or discuss options with patients and their family.

Palliative Care is specialized care focused on improving the quality of life for people with serious, chronic, or advanced illnesses. Those who struggle with pain and symptoms brought on by serious illness, but who do not qualify for hospice, often benefit from palliative care.

All Care is always available to answer questions about clinical eligibility for palliative care and/or discuss options with patients and their family.

#### What services are included:

- Team comprised of physician, nurse practitioner, nurse social worker, and chaplain
- Home visits by NPs and RNs
- Individualized focus on pain and symptom management
- 24-hour telephone support, helping to avoid ER visits and re-hospitalizations
- · Advanced directive conversations & caregiver education
- Transition to hospice care if/when needed

#### The Palliative Performance Scale (PPS) is a tool to determine progression towards end-of life.

	PPS Level	Ambulation	Activity & Evidence of Disease	Self-Care	Intake	Conscious Level
- End-of-Life ¬	70%	Reduced	Unable to do job/work Significant disease	Full	Normal or reduced	Full
	60%	Reduced	Unable to do hobby/housework. Significant disease	Occasional assistance necessary	Normal or reduced	Full or confusion
	50%	Mainly sit/lie	Unable to do any work Extensive disease	Considerable assistance required	Normal or reduced	Full or confusion
	40%	Mainly in bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or drowsy +/- Confusion
	30%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Normal or reduced	Full or drowsy +/- Confusion
	20%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Minimal to sips	Full or drowsy +/- Confusion
	10%	Totally bed bound	Unable to do any activity Extensive disease	Total care	Mouth care only	Drowsy or coma +/- Confusion
L	0%	Death	-	-	-	-





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Chelmsford Lexington Newton **Tewksbury** Allston Lowell **Amesbury** Chelsea North Andover **Topsfield North Reading** Wakefield Andover **Danvers** Lynn Dracut Lynnfield Peabody Waltham Arlington **Bedford East Boston** Malden Plum Island Watertown Wenham **Belmont** Essex Manchester-by-the-Sea Reading Beverly Marblehead Revere **West Newbury Everett** Billerica Georgetown Medford Rockport Wilmington Winchester **Boxford** Gloucester Melrose Rowley Brighton Groveland Merrimac Salem Winthrop Hamilton **Brookline** Methuen Salisbury Woburn **Burlington** Haverhill Middleton Saugus **Byfield Ipswich** Nahant Somerville Cambridge Jamaica Plain **Newbury** Stoneham Charlestown Lawrence Newburyport Swampscott