



# Assistive Home Care Services



## Assistive Home Care Services Include:



Bathing, grooming, toileting, dressing



Meal planning and prep



Light housekeeping and laundry



Grocery shopping, running errands, escorts to appointments



Medication reminders, prescription pickup



Activities, hobbies, companionship

*Life* happens at home  
That's why we come to you

All Care provides a variety of personalized assistive home care services, from bathing and grooming, to appointment assistance, to skilled nursing care. Care can be short-term, ongoing, or even around-the-clock. The All Care team of caregivers offer flexible in-home services to help our clients remain happy, healthy, and safe in the comfort of their own home, wherever that may be.

## How does All Care Assistive Home Care Work?

- All Care's Nurse Manager will visit your home to assess your assistive home care needs and will put together a personalized Plan of Care that suits your needs and independence requirements
- Your Plan of Care will be assessed and updated as necessary as your needs and preferences change
- If there comes a time when you require a different type of care, such as nursing or physical therapy, we can seamlessly initiate those services through our other divisions

## For More Information

[www.allcare.org](http://www.allcare.org)

[assistivecare@allcare.org](mailto:assistivecare@allcare.org)

1-888-801-8084



## Connect With Us



Assistive home care services are personal care services that help clients with self-care needs and household tasks. All Care caregivers include home health aides, homemakers, companions, and skilled nurses and therapists. The following pages include what each caregiver is trained to assist clients with.

## Home Health Aide Services

### • Personal Care

- Assist with showering or sponge bath
- Mouth care
- Shaving
- Nail care
- Assist with dressing and undressing
- Apply creams and lotions
- Prepare and serve meals
- Toileting
  - Incontinence Care
- Colostomy bag care
- Catheter care
- Assist client with walking and transfers
  - Apply and assist with adaptive equipment
- Assist with following exercise program
- Medication reminders
- Accompany client to appointments
- Pick up prescriptions

## Live-In Home Health Aide Services

### • Live In Specifications

- Home Health Aide must be provided with a separate room and bed and be allowed eight hours of sleep time within a 24-hour period.
- Home Health Aide must be allowed three, ½-hour meal breaks and one, ½-hour break for personal care within a 24-hour period. This time is flexible based on the client's needs and as determined by the Home Health Aide.
- Home Health Aide must be provided with a designated cabinet and refrigerator space for storage of their food.

### • Tasks and Duties

- Tasks will be determined by the Plan of Care and could include any of the services listed under Home Health Aide or Homemaker/Companion Services.

### • Client Profile

- If a client needs more than an occasional assist during the Home Health Aide's eight-hour sleep period, they will notify All Care's nurse manager to determine if a separate Home Health Aide is needed to provide for client's needs during the overnight period.

### • Availability

- All Care does its best to match caregivers with each client's needs. Live-in services tend to be some of our highest sought requests and cannot always be filled immediately. Please let our Intake Team know if live-in services is your area of interest and we can begin to immediately plan for your needs.

Many of our clients receive assistive home care services for several years, while others stay with us for a short time until they recover from an illness or injury. Assistive home care services are sometimes covered by long term care insurance but are typically paid for out of pocket.

## Homemaker/Companion Services

- **Household Tasks**

- Prepare and serve meals
- Clean kitchen
- Laundry
  - In-home and at laundromat
- Light housekeeping, such as vacuuming, dusting and sweeping
- Trash removal
- Make bed and/or change linens
- Clean bathroom
- Empty and wash commode
- Care for indoor plants
- Feed and walk pets

- **Companion Services**

- Accompany client on walks
- Participation and encouragement with games and hobbies
- Read to and socialize with client
- Events companionship
  - Birthdays
  - Weddings
  - Graduation parties
  - Funerals

- **Assistance with Life's Activities**

- Errands
- Grocery shopping
- Appointment scheduling and reminders
- Transportation to appointments
- Medication reminders
- Pick up prescriptions

## Skilled Home Care Services

- **Private Duty Home Care**

- Nursing
- Case Management
- Physical Therapy
- Occupational Therapy
- Speech Therapy

Proudly serving more than 65 communities throughout the North Shore, Eastern MA, Greater Boston and the Merrimack Valley.

## SERVICE AREA



For more information on how All Care can help, call us at 888-801-8084 and we will answer any questions, arrange for services, and/or clarify your insurance coverage and payment options.

### Duration and Types of Care:

- 2 to 24-Hour Care
  - *Around-the-clock awake care, available seven days a week*
- Live-In Care & Overnight Assistance
  - *Full-time, live-in caregivers and overnight awake options available*
- Caregiver Respite
  - *Support for family caregivers so they can attend to other responsibilities*

### All Care Caregivers Are:

- Reference and background checked
- Certified and receive 12+ hours of ongoing training each year
- Trained in the highest level of infection control in compliance with CDC guidelines
- Trained in Alzheimer's, dementia, and hospice care
- Supervised by a clinical nurse manager