

Seasons of the Soul

GRIEF SUPPORT VIRTUAL WORKSHOP

**WEDNESDAY, DECEMBER 1, 2021
6:30PM – 8PM**

OUR GRIEF GIVES MANY OF US AN UNEXPECTED OPPORTUNITY FOR HEALING.

- As the season shifts and memories flood, we remember the many activities and impressions from the past. Nature is one source for opening to a new life and vision.
- Leave the workshop with a sense of renewal and better understanding of your grief.
- Quiet contemplation and nature focused.
- Facilitated by Geraldine Gomery, LICSW



**For more information and to register
please contact Trish Crean at
(781) 244-1198 or pcrean@allcare.org.**